

Tribe and IVA presents

gALLiM

Gap Year

For school leavers, aged 18+
Based in Tel Aviv and surrounding areas
Torat Eretz Yisrael



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For school leavers, aged 18+
Based in Tel Aviv and surrounding areas

The Programme

- 11 month programme
- 4 days a week volunteering
- Independent living
- Ulpan and Seminars
- Real connections with Israelis



What's Included

- Flights
- Insurance
- Accommodation
- Land travel
- Madrichim
- Seminars
- Monthly Shabbatonim away
- 875 NIS per month allowance for food

SAMPLE WEEK

Monday - Thursday: Volunteering
Friday: Free time/Hospitality/Shabbaton/Educational Workshop
Shabbat: Free time/Hospitality/Shabbaton
Sunday: Sunday Ulpan

"I thought that doing this 11-month volunteering programme was a perfect way to discover Israel and its culture, and to reflect on my Jewish roots."
 - Audrey

YEAR HIGHLIGHTS

(Subject to change)

September	October	November
Opening seminar in Jerusalem . Group bonding Shabbat in Tel Aviv Rosh Hashana hospitality.	Part 1 of the Jerusalem series - Discover things you never knew about Jerusalem and spend Shabbat around the old city. Interfaith workshop.	Explore the beautiful Golan followed by a relaxing Shabbat in the North of Israel. Learn all about Israeli Society.
December	January	February
Spend Shabbat with Chief Rabbi Mirvis and all of your British friends on their Gap year in Israel. Head down to Eilat for some sun, sea and sand.	Part 2 in the Jerusalem series - carry on the discovery of Jerusalem and all it has to offer. Go skiing on Mount Hermon.	Tiyul around the South of Israel and spend Shabbat in the breathtaking Ramon Crater. Insight into Israeli politics and visit the Knesset.
March	April	May
Volunteer on Kibbutz and have a once in a lifetime group seder experience.	Shabbat hospitality in the beautiful Galil. Refugee workshop.	Meet residents of Sderot and spend Shabbat in their homes.
June	July	
Walk from the Mediterranean sea all the way to the Kinneret on the amazing Yam le Yam Tiyul.	Bring together everything we have seen and discovered over the year. Closing seminar in Zichron Yaakov.	

"While participating in the programme, I gained maturity and have broadened my horizons. The workshops and seminars organised have been really meaningful, and the team works really hard to allow us to discover Israel's beautiful diversity."
 - Lisa



Volunteer placements are available in the fields of health, early education and welfare

Zionism seminars, amazing speakers, leadership training, Jewish learning and so much more



"As a volunteer in Israel you are helping society and everybody appreciates that. You get the chance to travel and to know Israel and Judaism in a different way."
 - Samuel

£9,999*



To book visit www.tribeuk.com
For more info call
0208 343 6222 or email
tomorbelovsky@tribeuk.com

*Price subject to being eligible for Masa grant. Anyone is eligible for this grant as long as they have not already been on a Masa programme before.

Tribe is part of the United Synagogue
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Israeli Volunteer Association
Making a difference Creating a future